

Nutrition Facts

6 servings per container

Serving size

8 chips

Amount Per Serving

Calories

140

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 0.985g **5%**

Trans Fat 0.015g

Polyunsaturated Fat 1.338g

Monounsaturated Fat 1.105g

Cholesterol 0mg **0%**

Sodium 300mg **13%**

Total Carbohydrate 25g **9%**

Dietary Fiber 4g **13%**

Total Sugars < 1g

Includes < 1g Added Sugars **1%**

Sugar Alcohol 0g

Protein 4g **9%**

Vitamin D 0mcg **0%**

Calcium 87mg **6%**

Iron 1.212mg **6%**

Potassium 119mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.